



Leadership

Managing Time

May 18, 2020



Lesson: May 18, 2020

Objective: Students will be able to evaluate their time management.

Learning Target: 1.2.6



How to do assignments:

If you created a google doc last week, continue on it. If you did not, then:

- Create a google doc.
- Put today's date and the lesson topic
- Put the questions and answers under that date. (You may need to copy the questions from the lesson and paste them into your doc)



Right now, most people have a lot more free time than they are used to.

Today's assignment is to look at how you spend your time. The way you spend your time is what you value.

Look at the prompt on the next slide and then answer questions on the following slide.

Time Drain

Spend today keeping track of where you dedicate your time. Think about what you want for your life and evaluate if you're putting time into the right things.

Do you want to learn how to code, but spend an hour checking Facebook? Do you want to be a faster runner, but binge-watch on Netflix nightly? Unless we take a moment to keep track of our time, the hours can disappear quickly and our priorities become not so prioritized.

Honesty





1. What did you spend time doing today?
2. What did you spend the most time on?
3. Do you believe it's true that what you value is what you spend your time on? Why or why not?
4. With so much time right now, what is something that you always wanted to but have never had the time?
5. When we go back to "normal", what do you want to continue doing?